



Content available at: <https://www.ipinnovative.com/open-access-journals>

International Journal of Oral Health Dentistry Journal

Journal homepage: [www.ijohd.org](http://www.ijohd.org)



## From the desk of Editor- in-Chief.....

### **Dr. Himanshu Aeran**

Director Principal,

Professor & Head

Prosthodontics and Oral Implantology,

Seema Dental College & Hospital,

Rishikesh, Uttarakhand

E-mail: [drhimanu4@gmail.com](mailto:drhimanu4@gmail.com)

Member Dental Council of India 2013-19



It has been over a year since the beginning of the coronavirus pandemic and the sudden spike in cases once again has raised concern across the world. But with this wave of coronavirus, experts have warned of a strange symptom called COVID tongue which is becoming an increasingly common symptom for the infection. According to the British Journal of Dermatology, a significant number of COVID 19 patients are experiencing bumps on their tongue, along with inflammation and swelling. In this, one's body fails to produce saliva that protects mouth from bad bacteria. This may lead to feeling dryness or stickiness in mouth and people with these symptoms may also find it difficult to chew food and to speak. It was common for patients to also say they felt a burning sensation in their mouth, as well as loss of taste. So, we need to be very vigilant and watch out for such oral manifestations.

Given that little time has passed since the outbreak of SARS-CoV-2, it comes as no surprise that only sparse data on COVID 19 is available and many factors remain uncertain. Various researchers and societies like German Society of Dentistry and Oral Medicine has stressed the importance of dental prevention and systemic relevance of dentistry, especially in times of the pandemic. Many researchers have found that in the context of the COVID-19 pandemic, dentistry plays a particular role to play in keeping the oral cavity healthy. They have also quoted that dental prophylaxis strengthens the immunocompetence at the point of entry of the virus and helps to avoid infection or to mitigate its course and also highlighted the importance of improved oral hygiene during a SARS-CoV-2 infection in order to reduce the bacterial load in the mouth and the risk of a bacterial superinfection.

With these findings I believe oral microbial environment and COVID 19 could be linked. So in that context, we should maintain oral hygiene if not improved during this time to decrease the viral overload and to reduce the potential risk of superinfection. We are navigating the COVID 19 pandemic we are just clambering into a life raft and dry land is far away. So, let's prepare ourselves to fight against this battle with keeping in mind all the preventive measures.

Your's:

**Dr. Himanshu Aeran**

**Editor-in- Chief**

**International Journal of Oral Health Dentistry (IJOHD)**